

August 29, 2010  
**This Week at**



FIRST  
UNITARIAN  
CHURCH  
OF WILMINGTON

Welcome Visitors! After the service today, please stop by the Welcome Table in the Parish Hall to introduce yourself and find information about First Unitarian Church and its programs and activities.

### **Sunday: Adult Forum**

All Forum classes are held in Brunner Chapel on Sunday mornings from 9:30 to 10:15 a.m. The lectures and discussions are open to all.

**Today, August 29:** Compassion in Action-Green Sangha, a Buddhist community, leads a campaign to save trees- discussion led by Donna González. 9:30 a.m. to 10:15 a.m. in Brunner Chapel.

**Next Week, September 5: Religion and Ethics Newsweekly** – First Sunday of Every Month. This fascinating PBS series explores world events from the perspective of a variety of world religions, as well as the current-day tribulations and triumphs within communities of faith. Meet 9:30 to 10:15 a.m. in Brunner Chapel. Led by Jim Davis.

### **Sunday: Worship 10:30 a.m.**

**TODAY: August 29:** “The Rapture for Progressives” Led by The Rev. Barbara Gadon. Third in Rev. Gadon’s series. The rapture is a teaching of the religious right, and is most well-known (and terrifying) image of the “end times” in American popular religion. What could this concept mean for a progressive faith like ours?

**NEXT SUNDAY, September 5:** “Medium Music Sunday” –Led by Scott Ward, Honorary Minister of Music. The Chamber Choir with soloists will explore the music of Ralph Vaughn Williams. This prolific English composer was known for his skill in writing art songs. Come learn about the man, about art songs, and hear some great music.

### **Thought for the Week:**

“We can say with conviction that anything we love can be sheltered by our love; anything we truly love can be saved. First in our own hearts, and then in the hearts of others. We have only to make our love inseparable from our belief and both inseparable from hard work.”

~ Alice Walker,  
*Anything We Love Can Be Saved*

### **REGISTER FOR CYRE NOW!**

Visit the table in Parish Hall or go online to our web site at [www.firstuuwilm.org](http://www.firstuuwilm.org) to register electronically!

### **Meals on Wheels - New at First U!**

This new program has already attracted a number of First U volunteers, but more are always needed. Can you make space for this rewarding effort in your weekly schedule? To help, or to learn more, contact Bob Ulrich: [robertullrich@comcast.net](mailto:robertullrich@comcast.net).

### **An Invitation to all who like to sing!**

On Saturday, September 11, we will have a choir retreat. Anyone who likes to sing is welcome. We will have a light brunch, starting at 9:00 a.m. followed by a brief worship service led by Rev. Gadon, then yoga led by Robert Gadon, basic vocal training led by Marcie Schiff, a hymn sing led by Scott, a sight reading session and quickie music reading lesson, led by Scott, and a brief rehearsal for Ingathering Sunday! All from age 12 and up are welcome!

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**We received \$337.25 for the 8/22/10 special collection for Murray Grove Assoc. Thanks!**

## General Assembly Report

Please see the additional insert in your Order of Service for an inspirational report from Jeff Lott about this year's General Assembly. There will also be a link online at ["Jeff Lott's General Assembly Report 2010."](#)

## Religion and Ethics Newsweekly First Sunday of Every Month

This fascinating PBS series explores world events from the perspective of a variety of world religions, as well as the current-day tribulations and triumphs within communities of faith. Here's a sample: What is ethical eating? What is life like for the minority Christian communities in Iraq? How have religious people made a difference in Haiti and Darfur? Come and discuss the intersection of faith, ethics and our times. Meet 9:30 to 10:15 a.m. in Brunner Chapel.

### Facilitator:

Jim Davis is a long-time member and chemist by profession. His enthusiasm for ideas and conversation is infectious

## ONE-DAY ZEN MEDITATION RETREAT

On Saturday, September 25, 2010 the Open Heart Zen Group ([www.openheartzen.org](http://www.openheartzen.org)) will be hosting a meditation retreat in the Brunner Chapel. The retreat is \$35.00 and will be held from 8:45 a.m. - 3:00 p.m. and will consist of chanting, sitting & walking meditation, & a vegetarian lunch.

The retreat will be led by José Ramírez, the Guiding Teacher and abbot of the Delaware Valley Zen Center ([www.dvzc.org](http://www.dvzc.org)), which he helped found in the Spring of 1999.

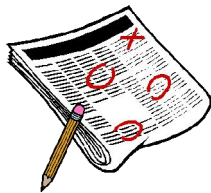
Please join us for a day of tranquil mindfulness!

## JOB SEARCH WORK TEAM UPDATE

Six members and friends have now been meeting as a team for about a month.

What do we do? If there's one word that describes our goal, it's F-O-C-U-S! We keep ourselves focused on the hard job of looking for a job.

This isn't an "ain't it awful" group (which can sometimes bring weary people down further) but an intentionally positive one. We meet every Friday, 11:30 a.m. to 1:00 p.m. If you're interested in joining us, contact Rev. Barbara at [barbara@firstuuwilm.org](mailto:barbara@firstuuwilm.org).



## Register Now for the Fall Retreat!

- Saturday, October 2 at 9:00 a.m. through Sunday, October 3 at 12:00 noon at YMCA Camp Tockwogh –
- Worton, MD 21678. Register in the church office or
- online via our website: [www.firstuuwilm.org](http://www.firstuuwilm.org)

## Open Circles

If you've been thinking about joining an Open Circle, this is the month! An Open Circle is a small group that brings members together twice a month with trained facilitators to discuss spiritual and ethical questions. Each Open Circle is designed to meet for one church year, and welcomes newcomers throughout the year. They celebrate their time together at the end of the year, and form entirely new groups the following year. On September 19, we will have a sample for you to try at 9:30 before worship, led by veteran facilitator Paul Pinson. We will kick off our groups with a luncheon on September 26 after church. Watch for available times in an e-blast and in the e-news in the coming weeks. Meanwhile, if you have any questions, or would like to put your name in now with some time requests, please write to our registrar, John Priest at [john.ricks.priest@alum.mit.edu](mailto:john.ricks.priest@alum.mit.edu).

## Ingathering Sunday! September 12

Join us for a celebratory service led by The Rev. Dr. Snyder and Rev. Gadon, with special music at 10:30 to be followed our annual all-Church picnic!

This year, if your family's named begins with **A - K** please bring salads to share. If your family's name begins with **L - Z**, please bring sandwiches to share.

If your family has more than one last name, bring what you wish.

**Bring your food to be shared  
to the kitchen.**