

## Spiritual Homework

### Theme for the Month: Risk

*Renew Within:* Write in your journal about the riskiest thing you have ever done in your life. Did it pay off or was it a colossal failure? If you could do it over again, would you take the same risk again?

*Renew Among:* One of the mantras at First Unitarian Church is that we ask ourselves, "How can we be ten times as bold with that?" What would it look like if you were ten times as bold with your membership or among your friends at church? Try it and see what happens.

*Renew Beyond:* At some time this month take a risk in your life. DO NOT DO ANYTHING UNSAFE! But imagine what it might be like to take a measured risk in some aspect of your life today. Take the leap and try it. What happened?

We here at First Unitarian Church would love to hear about what happened during the month while you were doing your "spiritual homework." Please fill this feedback form out and return it to Rev. Josh in the church office at the end of the month or e-mail to [josh@firstuuvwilm.org](mailto:josh@firstuuvwilm.org).

1. What did you experience doing these three activities?

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2. Share any "Ah-ha" moments or spiritual insights you had in the past month.

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3. Would you do one of these activities again? Why or why not?

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